



Bush Post Primary School HSCL Newsletter



January 2018

Welcome back after the Christmas holidays. Hopefully, both parents and students are feeling refreshed and ready for the new term. It has been a very busy start to the year and the highlight for many is our wonderful school musical **Calamity Jane** which premiered on Wednesday 18th January. Both the students and teachers involved have been an inspiration with all their hard work and dedication. Put it in your diary as a must see!

PARENTS CLASSES FOR THE AUTUMN TERM

Last term 8 parents successfully completed their 10 week First Aid class. Well done to all for their commitment. Certificates will be awarded shortly. This term I have applied for a wide variety of courses and am awaiting confirmation of availability. The classes I hope to source are: First Aid, Yoga, Mindfulness, Conversational Irish and Refresher Maths. There is no fee for any of these courses and I will be contacting you with times and dates.



Thank you to all those who have contacted me to secure their place. Some spaces are still available. If you have any queries or wish to enrol please contact me at 042 9376953 or email fgillan.bpp@lmetb.ie

If you have any ideas for classes you would enjoy please let me know!

WALKING CLUB



The Walking club has started again and we are proud to be part of the menu of Bush4mation activities. Join me every Wednesday at 9.30am. We usually walk for an hour. Babies and buggies welcome! Bring all weather gear!

PARENTS ASSOCIATION

Our very active and dedicated Parents Association committee is badly in need of support with a couple of fundraising activities in the weeks ahead. If you are willing to lend a hand, please contact either myself or our Chairperson, Ms. Olive McGuinness. All fundraising benefits our school community, so any help is greatly appreciated.

Talks for Parents

Last term we had the wonderful Stella O Malley, psychotherapist, writer and public speaker who gave a presentation to parents on building resilience in our young people. She also addressed our young first and second year students as part of our Friendship Week. She suggested some very practical ideas for helping young people to cope with cut and thrust of school life. On the night, many parents took the opportunity to purchase her books – **Cotton Wool Kids** and **Bully-Proof Kids**.

If you have any suggestions for talks this term please feel free to email me with any ideas. Our Wellbeing week will be happening in late February so I'm keen to have someone interesting to speak to parents.

START THE NEW TERM OFF THE RIGHT WAY

1. No late nights! Students should go to bed early!
2. Organise uniforms the night before school.
3. Encourage your child to come to school on time.
4. Monitor and limit use of social media at night.
5. Check journals regularly for notes.
6. Get a good study routine going straight away.



School Reminders:

School Uniform:

Please ensure that your son/daughter adheres to our school uniform policy as outlined in the school journal. We would request that you regularly check that your son/daughter is wearing the appropriate uniform including footwear.

Mock Exams:

Junior Cert examinations will commence on Thursday February 1st and finish on February 9th.

Leaving Cert examination will commence Wednesday 31st of January and finish on February 9th.

These examinations will aid students in coping with the state examination, improve their exam management skills and in collaboration with their teachers assist them in making decisions about the levels they wish to take during the state examination.

Traffic:

The school has limited set down areas which is primarily allocated to buses. Please ensure that buses are not blocked in, and where possible delay collecting your son/daughter for 10-15 minutes until the buses have departed. Parking is also available at the rear of the school.

We would like to thank you in advance for your support and co-operation for the term ahead.

K.Joyce