



Supporting Children and Young People with  
Bereavement and Parental Separation

The Rainbows programmes will start in Bush Post Primary School this November.

The programme will run after school, 4pm -5pm.

Day of the week: To be confirmed.

The Rainbows Programmes provide:

- a 10-week listening, group support programme for students following a bereavement or parental separation.
- Groups will be made up of young people of a similar age
- Separate groups are formed for Bereavement and Parental Separation
- Rainbows is not counselling or professional therapy.

For further enquiries or to enrol your child: Please email [rainbows.bpp@lmetb.ie](mailto:rainbows.bpp@lmetb.ie) or fill out an expression of interest form.

Exact details to follow.